

MISSISSIPPI FIRE CHIEF'S ASSOCIATION

POLICY STATEMENT

Health and wellness

Since the safety and well being of every firefighter depends on individuals physical and medical wellness and the ability of a fire fighter and his/her department to respond in a timely manner to an emergency depends to a great extent on the physical capabilities of the members:

It is the policy of the Mississippi Fire Chief's Association to encourage the health and wellness of all its members as well all members of the Mississippi Fire Service.

We encourage all departments to use regular medical examinations on all members regardless of division or department assignment.

We encourage all departments to promote physical fitness with regular exercise activity as well as regular supervised physical fitness/agility monitoring.

DRAFT